

October 2010

DONOVAN RAMS BOYS BASKETBALL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				Gym Condition 3:30-4:45	1 Baseball Field 3:30-4:45	2
3	4 Lift 3:30-4:30	5 Baseball Field 3:30-4:45	6 Lift 2:30-3:30	7 Condition Gym	8 Baseball Field 3:30-4:45	9
10	11	12	13	14 Study 3:30-4:30 Practice 4:30-6:30	15 Practice 4-6pm	16 Practice 9-12
17	18 Study 3:30-4 Strength & Condition 4-5:30	19 Stud 3:30-4:30 Film 4:30-5:30 Practice 5:30-7:30	20 Study 2:30-3:30 Film 3:30-4:30 Practice 4:30-6:30	21 Stud 3:30-4:30 Lift 4:30-5:30 Practice 5:30-7:30	22 Stud 3:30-4:30 Practice 4:30-6:30	23 Practice 2pm-5pm
24	25 SHall 3:30-4:30 Lift 4:30-5:30 Practice 5:30-7:30	26 Practice 3:30-5:30	27 Study 2:30-3:30 Lift 3:30-4:30 Practice 4:30-6:30	28 Practice 3:30-5:30	29 Study 3:30-4:30 Film 4:30-5:30 Practice 5:30-7:30	30 Practice 11-1pm
31						

EARLY PRACTICE IS:

3:30-5:30

LATE PRACTICE IS:

STUDY HALL

FILM/WEIGHTS

PRACTICE

3:30 - 4:30

4:30 - 5:30

5:30 - 7:30

WEDNESDAY

2:30 - 3:30

3:30 - 4:30

4:30 - 6:30

November 2010

DONOVAN RAMS BOYS BASKETBALL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Practice 3:30-5:30	2 Stud 3:30-4:30 Lift 4:30-5:30 Practice 5:30-7:30	3 Stud 2:30-3:30 Film 3:30-4:30 Practice 4:30-6:30 TIPOFF Dinner 7-9pm	4 Stud 3:30-4:30 Lift 4:30-5:30 Practice 5:30-7:30	5 Practice 3:30 - 5:30	6 TBA SAT DAY
7	8 Stud 3:30-4:30 Film 4:30-5:30 Practice 5:30-7:30	9 Practice 3:30-5:30	10 Practice 2:30-4:30	11 Practice 3:30-5:30	12 MIDKNIGHT MADNESS 7- 10 Practice 4:30 -5:30	13 Practice 9-11
14	15 Practice 3:30-5:30	16 Home Westminster JV / G / B	17 Practice TBA Open House	18 Stud 3:30- 4:30 Film 4:30-5:30 Practice 5:30-7:30	19 Away Nat Greene VG / VB	20 Lift 10-11 am Practice 11-12:30 Lift
21 Practice 1-3pm	22 Away Westminster JV / G / B	23 Practice 12-2pm	24 NO PRACTICE	25 NO PRACTICE	26 Practice 9-11 am Lift 11-11:45	27 Practice 11-1 pm
28	29 Stud 3:30-4:30 Film 4:30-5:30 Practice 5:30-7:30	30 Away John Hancock G / B				

**“A MAN WHO WAKES UP AND FINDS
HIMSELF A SUCCESS HAS NOT BEEN
SLEEPING”**

December 2010

DONOVAN RAMS BOYS BASKETBALL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Practice 2:30—4:30	2 Stud 3:30-4:30 Film 4:30-5:30 Practice 5:30-7:30	3 Home Thomas Jeff. G / B	4 Away Windsor JV / G / B
5	6 Practice 3:30-5:30	7 Home Nat Greene G / B	8 Stud 2:30-3:30 Film 3:30-4:30 Practice 4:30-6:30	9 Practice 3:30-5:30	10 Away Thomas Jeff. G / B	11 Lift 10-11am Practice 11—12:30 XMAS Dance
12	13 TBA	14 EXAMS TBA	15 EXAMS TBA	16 EXAMS TBA	17 EXAMS TBA	18 RAM CLASSIC TBA
19	20 RAM CLASSIC TBA	21 Practice 11—1pm	22 RAM CLASSIC FINALS	23 Practice 10 -11 am	24 NO PRACTICE	25 NO PRACTICE
26	27 Lift 10 -11am Practice 11-1pm	28 Practice 9-11 am	29 Home John Hancock JV / G / B	30 Away Holy Spirit JV / G / B	31 NO PRACTICE	

“EACH DAY OUR TEAM AND EACH PLAYER ON THE TEAM EITHER GETS BETTER OR WORSE — THERE IS NO SUCH THING AS STATUS QUO.”

January 2011

DONOVAN RAMS BOYS BASKETBALL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 NO PRACTICE
2	3 Practice 3:30—5:30	4 Home Brentwood JV / G / B	5 Stud2:30-3:30 Lift 3:30-4:30 Practice 4:30—6:30	6 Study3:3-4:30 Film4:30-5:30 Practice 5:30-7:30	7 Away Gateway JV / G / B	8 Home CFCA JV / G / B
9	10 Practice 3:30—5:30	11 Away Piedmont G / B	12 Study2:30-3:30 Lift 3:30- 4:30 Practice 4:30—6:30	13 Practice 3:30—5:30	14 Away Covenant JV / G / B	15 Lift 10am Practice 11—12:30pm
16	17 Practice 9—11am	18 Home Briarwood JV / G / B	19 Study2:30-3:30 Lift 3:30-4:30 Practice 4:30-6:30	20 Stud3:30-4:30 Film 4:30-5:30 Practice 5:30-7:30	21 Away Brentwood JV / G / B	22 Home Gateway JV / G / B
23	24 Stud3:30-4:30 Film 4:30-5:30 Practice 5:30—7:30	25 Home Piedmont G / B	26 Study2:30-3:30 Lift 3:30-4:30 Practice 4:30 -6:30	27 Practice 3:30-5:30	28 Away CFCA G / B	29 Home Covenant JV / G / B
30	31 Practice 3:30- 5:30					

“AN ATHLETE’S GREATEST GLORY IS NOT IN
NEVER FAILING; BUT IN RISING UP EACH
TIME HE FAILS”

February 2011

DONOVAN RAMS BOYS BASKETBALL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Away Briarwood JV / G / B	2 Stud2:30-3:30 Lift 3:30-4:30 Practice 4:30—6:30	3 Study 3:30-4:30 Film 4:30-5:30 Practice 5:30—7:30	4 Home Windsor JV / G / B	5 Lift 10am Practice 11-12:30pm
6	7 REGION TOURNEY	8 REGION TOURNEY	9 REGION TOURNEY	10 REGION TOURNEY	11 REGION TOURNEY	12
13	14	15	16 STATE TOURNEY	17 STATE TOURNEY	18 STATE TOURNEY	19 STATE TOURNEY
20	21	22	23	24 STATE SEMI	25 STATE SEMI	26 STATE FINALS
27	28					

“THERE ARE A THOUSAND REASONS FOR
FAILURE BUT NOT A SINGLE EXCUSE”